



# DAOIST QI GONG WORKSHOPS

AT  
THE SANCTUARY  
KOH PHANGAN

WITH  
**DANIEL LI OX**  
QI GONG MASTER



**AUGUST 2ND- 6TH**

## DEVELOPING YOUR FULL HUMAN POTENTIAL

In the Daoist Qi Gong tradition, the practitioner trains to develop and harmonize the three human essences, the Jing (vital forces & sexual energy), the Qi (virtues & emotional energy), and the Shen (transcendent spirit & mental clarity and intelligence). This helps to overcome human lacks and limitations to access Ultimate Freedom. This workshop will offer the understanding and the training grid to achieve that goal. The participant will learn to Cultivate Power, Virtues, and Psychic Abilities through the opening of the three cavities and the fourteen most powerful energy centers of the body.

**AUGUST 9TH-13TH**

## MEDICAL QI GONG

The opening of the 12 collateral meridians (Zang Fu) follows next in the process of self healing. Each of these 12 energy channels is linked up with a specific organ (Yin) or viscera (Yang). They regulate their energy flow. During this workshop, the trainee learns to apply the four powers in order to feel, open, clear, increase and balance their respective Qi. Hence the name of Medical Qi Gong. Practically, we will learn to apply the four powers directly to each of the organs and viscera and integrate the trajectory of each channel through self massage and various movements.



Price **10,000** Baht for **1 week**  
(early bird, before July 30th 8950 Baht)  
**17,000** Baht for the **2 weeks**  
if paid before August 2nd

**BOOK YOUR PLACE ON THE WORKSHOP NOW:**  
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